



[Mental Monkey](#) invited The Evolution Control Committee to participate in their MP3-a-week blog [Secret Mixtape](#) , and what with our new material coming together for our upcoming *All Rights Reserved* album we thought it would be a great opportunity to show people what's brewing.

Until December 20th 2009, you can download The ECC's new track **The Shakes** at [Secret Mixtape](#)

Free, of course! If you want more, sift through their [archive of previous MP3s](#)

. Enjoy!