



This somewhat conceptual release was made to be the ultimate subliminal self-help tape: It combines various actual subliminal cassettes which help the listener stop smoking, lose weight, get rich, develop your ESP powers, get a better job -- over a dozen subliminal tapes in all, layered together, producing an ambient wash that should (theoretically) give the listener the benefits of all tapes at once. However, side two is a reversed version of side one -- causing the listener to start smoking, gain weight, lose money, retard your ESP powers, get demoted, and so on... a manic depressive album, if ever there was one.